

ABSTRAKSI

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Pengaruh Stres Kerja dan Lingkungan Kerja Terhadap Kinerja Karyawan Bagian *Quality Control* di PT ChingLuh Indonesia Tangerang

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Kata kunci:Stres Kerja, Lingkungan Kerja dan Kinerja

Karyawan(xiii + 84 + lampiran)

Penelitian ini bertujuan untuk menganalisis dan mengetahui pengaruh Stres Kerja dan Lingkungan Kerja Terhadap Kinerja Karyawan Bagian *Quality Control* di PT ChingLuh Indonesia Tangerang. Jumlah responden yang dijadikan sampel dalam penelitian ini adalah 76 responden dengan kriteria yang telah ditentukan. Teknik yang digunakan dalam penelitian ini menggunakan *purposive sampling*. Pada penelitian ini analisis data menggunakan bantuan SPSS versi 26. Adapun teknik pengujian data yang dilakukan dalam penelitian ini adalah uji validitas, uji reliabilitas, uji normalitas, analisis korelasi parsial, koefisien determinasi (R^2), uji regresi berganda, dan uji hipotesis (Uji t dan F). Hasil penelitian menunjukkan bahwa Stres Kerja berpengaruh terhadap Kinerja Karyawan dan Lingkungan Kerja berpengaruh terhadap Kinerja Karyawan. Dari hasil uji t parsial untuk variabel Stres Kerja (X1) diperoleh t hitung = $2.373 > t$ tabel 1.992. Maka H_0 = Ditolak dan H_a = Diterima. Jadi terdapat pengaruh Stres Kerja terhadap Kinerja Karyawan Bagian *Quality Control* di PT ChingLuh Indonesia Tangerang. Persentase Stres Kerja terhadap Kinerja Karyawan sebesar 26,6%. Serta hasil uji parsial untuk variabel Lingkungan Kerja (X2) diperoleh t hitung = $2.453 > t$ tabel 1.992. Maka H_0 = Ditolak dan H_a = Diterima. Jadi terdapat Pengaruh Lingkungan kerja Terhadap Kinerja Karyawan Bagian *Quality Control* Pada PT ChingLuh Indonesia Tangerang. Persentase Lingkungan Kerja terhadap Kinerja Karyawan sebesar 27,5%. Untuk hasil uji F untuk variabel Stres Kerja (X1) dan Lingkungan Kerja (X2) diperoleh F hitung $8,969 > F$ tabel 3,122. Maka H_0 = Ditolak dan H_a = Diterima. Jadi terdapat pengaruh Stres Kerja dan Lingkungan Kerja Terhadap Kinerja Karyawan Bagian *Quality Control* di PT ChingLuh Indonesia Tangerang. Persentase pengaruh Stres Kerja dan Lingkungan Kerja Terhadap Kinerja Karyawan sebesar 19,7% sedangkan sisanya 81,3% dipengaruhi oleh faktor lain.

ABSTRACTION

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The Influence of Work Stress and Work Environment on Employee Performance in the *Quality Control* Section at PT ChingLuh Indonesia Tangerang

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Keywords: Work Stress, Work Environment, Employee Performance(xiii + 84 + attachments)

This study aims to analyze and determine the effect of Job Stress and Work Environment on Employee Performance in the *Quality Control* Section at PT ChingLuh Indonesia Tangerang. The number of respondents who were sampled in this study were 76 respondents with predetermined criteria. The technique used in this study using purposive sampling. In this study, data analysis was used using SPSS version 26. The data testing techniques carried out in this study were validity test, reliability test, normality test, partial correlation analysis, coefficient of determination (R^2), multiple regression test, and hypothesis test (t test and F). The results of the study show that work stress affects employee performance and the work environment on employee performance. From the results of the partial t test for the variable Job Stress (X1) it is obtained t count = $2,373 > t$ table 1,992. Then H_0 = Rejected and H_a = Accepted. So there is an influence of Job Stress on Employee Performance in the *Quality Control* Section at PT ChingLuh Indonesia Tangerang. The percentage of work stress on employee performance is 26.6%. and the partial test results for the Work Environment variable (X2) obtained t count = $2,453 > t$ table 1,992. Then H_0 = Rejected and H_a = Accepted. So there is an influence of the work environment on the performance of employees in the *Quality Control* Section at PT ChingLuh Indonesia Tangerang. The percentage of the work environment on employee performance is 27.5%. For the results of the F test for the variables Work Stress (X1) and Work Environment (X2) obtained F count $8.969 > F$ table 3.122. Then H_0 = Rejected and H_a = Accepted. So there is an influence of Job Stress and Work Environment on Employee Performance in the *Quality Control* Section at PT ChingLuh Indonesia Tangerang. The percentage effect of work stress and work environment on employee performance is 19.7% while the remaining 81.3% is influenced by other factors.